

# PHRASES TO USE AND AVOID IN A PERSONAL STATEMENT

## PHRASES TO AVOID

1. From a young age I have always been interested in medicine...
2. For as long as I can remember I have wanted to be a...
3. Nursing is a very challenging and demanding career...
4. XYZ is a profession that I have always looked upon with...
5. I am currently studying for a degree in...
6. I know that I will learn a huge amount if I am allowed to study with your program...
7. I am applying to XYZ university to study ABC at Masters degree level...
8. I am an excellent leader of people...
9. My oral and written skills are excellent...
10. I am a great team player and I am sure I would fit in...
11. I want to study medicine as I feel that I can really make a difference and help people...
12. I wish to further my career in TQM after my 3 years working in SQA...
13. The actual fact is...
14. If you look at my past history...
15. Science still remains...
16. As Sir Winston Churchill once said "...
17. My brother spent many months trying to...
18. Mr. David Smith is an accomplished student who organizes his time carefully...
19. I spend all of my time on my studies to ensure that I get the best results...
20. I have a huge passion for...



21. I have read all of the following books by Douglass Adams...
22. While observing Mr. Brown within his dental practice I observed all of the following procedures...
23. I am by far the best in my School at math...
24. I have helped my father write many of his award-winning stories...
25. When we were caught drinking underage in the bar...
26. I became a teenage mother at the age of...
27. I like to exercise and keep fit as it makes me look good...
28. While I have never used a dentist's drill I am sure that I could...
29. I really do not want to say anything bad about my math teacher but we just did not get on...
30. My school is really not one of the best in our neighborhood...
31. I am applying to study microbiology as I failed to get the grades required in...
32. My neighbor gave me his books for your program so I am applying...
33. There has always been a need for...
34. It's a subject that I have always been interested in...
35. My grade point average is...
36. I know that all dentists tend to look down in the mouth...
37. As this program attracts a bursary of...
38. According to statistics, I can earn a wage of over...
39. As both of my parents are dieticians, it is expected that I will join their practice...
40. The reason for my low grades in Math are because of...
41. During my summer job I was responsible for all of the following...
42. When I was 3 years old...
43. According to Wikipedia "Dentistry is a branch of medicine that is involved in the study, diagnosis, prevention, and treatment of..."
44. After I gain my degree in mathematics I intend to take over my father's business...
45. I have always been a winner ever since I won my first badminton match aged just 8...



46. My brother and my sister both attended your college so it is only right that I also...
47. I have always found Math and Science very easy and have never had to work hard to achieve the grades expected of me...
48. I have been interested in history for many years...
49. So, why should I be accepted onto your program to learn more about...
50. I have heard that your Professor Smith is the very best in his field and as such want to study with him...

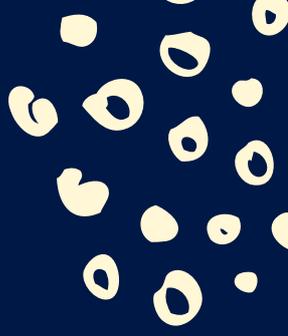
## PHRASES TO USE

1. When my Aunt became ill with cancer, I found myself accompanying my mother on weekly visits to the hospital...
2. I was 11 when I when I first became interested in...
3. I want to study nursing because...
4. I have found nothing but respect for the many XYZs that I have met and have always been impressed by...
5. I have been interested in XYZ ever since I was introduced to it by...
6. I am particularly interested in learning more about...
7. I wish to continue my studies in ABC because...
8. I have been the captain of our college Judo club for the last 2 years and have helped lead us to victory...
9. I have won several debating contests within my school and also write regularly for the school newspaper...
10. I am a member of our years debating team and have helped the team achieve...
11. Once I have completed my initial medical degree I hope to specialize in...
12. I have worked in Supplier Quality Assurance (SQA)for 3 years and now wish to further my understanding of Total Quality Management (TQM)...
13. The fact is...
14. My history shows...
15. Science remains...



16. My personal belief is that...
17. I believe that human abilities...
18. I organize my time carefully to...
19. Despite the time spent studying, I still find time each evening to...
20. I enjoy to XYZ because...
21. Of all of the books I have read I have found the Hitch Hikers Guide to the Galaxy by Douglass Adams inspirational because of...
22. What I learned from observing Mr. Brown was...
23. I won the school Math prize...
24. I have spent many years observing my father's writing and have learned...
25. I focus hard on my studies but also like to partake in sports and social activities such as...
26. I want to ensure that I have the skills required for a career in...
27. I find that exercising as much as I do helps me to remain better focused on my studies...
28. I have spent many hours assembling intricate models of scale aircraft so I am confident that I have the required dexterity...
29. Writing is where I have always excelled...
30. I have always worked hard to stay in the top 10% of our class...
31. I became interested in studying microbiology because...
32. I became interested in your program through my neighbor who studied with you...
33. There has always been a need for...
34. It is a subject that...
35. Having spent my last three summers shadowing...
36. My interest in dentistry was triggered by...
37. My aims during my studies are to...
38. I want to work in this area because...
39. My personal interest in diet and nutrition is due to...
40. My skill in science can be demonstrated through...



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41. My greatest and most relevant achievement while working last summer was...
  42. During last semester...
  43. My personal desire to study as a dentist is...
  44. My degree in mathematics will allow me to expand and grow our...
  45. I am a competitive person and always strive to come first in everything that
  46. I turn my mind to such as...
  47. The main reason for me wanting to attend your college is...
  48. I work hard at everything that I do as can be seen by my grades and other achievements in...
  49. I joined the local historical society at the age of 12...
  50. I want to study with your specific program because...

